

* -- You can select between Daal or White Channa

- The cost of the Paper Products used for Langgar and Kitchen Sewa is between \$450 - \$600. If using paper plates, you may donate whatever you wish and get a receipt.
- Make sure to clean the Kitchen and Langar Hall after the Langar Sewa.

Grocery needed for Guru Ke Langgar Sewa

2025-2026

1. *Daal (ਦਾਲ) 30 pounds / *White Channa (ਚਿੱਟੇ ਛੋਲੇ) 30 pounds	2. Haldi (ਹਲਦੀ) As Needed
3. Sabji (ਸਬਜ਼ੀ) 80 pounds	4. Ginger (ਅਦਰਕ) 15 Pounds
5. Methi for Parontha(ਪਰਾਉਠਿਆਂ ਲਈ ਮੇਥੀ) 14 or 16 Oz	6. Garlic (ਲਸਨ) 10 Pounds
7. Milk (Vitamin-D) for Kheer, Dahi & Tea (ਦੁੱਧ-ਖੀਰ, ਦਹੀ ਅਤੇ ਚਾਹ ਲਈ) - 8 gallons for Kheer / 8 gallons for Dahi / 7 gallon for Tea + 2 gallons extra	8. Onion for Daal and Sabji (ਦਾਲ, ਸਬਜ਼ੀ ਲਈ ਗੰਭੇ) 50 pounds, Salad - 10 lb (Red Onions)
9. Atta Whole Wheat (ਆਟਾ) – 20 Pounds Bag 4 bags	10. Tomato (ਟਮਾਟਰ) 5 Pounds
11. Butter Unsalted for Parshad and Roti (ਮੱਖਣ – ਪ੍ਰਸ਼ਾਦ ਤੇ ਰੋਟੀਆਂ ਵਾਸਤੇ) 10 pounds	12. Sugar (ਖੰਡ) 15 pounds
13. Ghee / Vegetable Oil (ਘਿਉ ਜਾਂ ਤੇਲ) 2 gallons / 4 gallons - making Pakora	14. Achhar (ਅਚਾਰ) 2 Cans
15. Basmati Rice (ਚੋਲ) 20 pounds	16. Tea (ਚਾਹ-ਪੱਤੀ) 1 Box
17. Green Cardamom (ਛੋਟੀ ਇਲਾਚੀ) 7 Oz.	18. Jeera (ਜੀਰਾ) As Needed
19. Red Chilli (ਲਾਲ ਮਿਰਚ) As Needed	20. Salt (ਲੂਣ/ਨਮਕ) As Needed
21. Green Hot Pepper (ਹਰੀਆਂ ਮਿਰਚਾਂ) 1 pound	22. Wide Aluminum Foil - 2 Boxes

For any queries or suggestions, feel free to contact:

Ms. Harjot Kaur	Ms. Jaswinder Kaur	Ms. Gurpreet Kaur	S Sewak Singh
734-363-2913	734.546-1895	248-943-3668	248-826-3347

23. Black Pepper(ਕਾਲੀ ਮਿਰਚ) 2 pounds	24. Coriander (ਧਨੀਆਂ ਸਾਬਤ) As Needed
25. Optional: Vessan for Pakoras (ਪਕੋੜਿਆਂ ਲਈ ਵੇਸਣ) 2 bags of 4lbs. each	26.
27. Optional: Ketchup for Pakoras (ਟਮਾਟਰਾ ਦੀ ਚਟਨੀ) 2 Big Bottles	28.
29. Tomato Paste and Tomato Sauce As Needed	30.

For any queries or suggestions, feel free to contact:

Ms. Harjot Kaur | Ms. Jaswinder Kaur | Ms. Gurpreet Kaur | S Sewak Singh
 734-363-2913 734.546-1895 248-943-3668 248-826-3347